

BEYOND TIME OUT: CORPORAL PUNISHMENT

What Exactly Is It?

Corporal Punishment

Involves the application of some form of physical pain to undesirable behavior (e.g., an open hand on extremities or buttock with intention of modifying behavior).

DISCIPLINE ≠ PUNISHMENT ≠ CORPORAL PUNISHMENT

Discipline	=	Teaching good/appropriate behavior.
Punishment	=	One form of discipline.
Corporal Punishment	=	One form of punishment.
Corporal Punishment with injury	=	ABUSE

Before effective behavior modification can occur, one must be aware of realistic versus unrealistic expectations.

Time Out

Is the most effective discipline for children ages 2 through 6.

THERE IS NO PLACE FOR CORPORAL PUNISHMENT IN BABIES!!