

So this is the the LGBT.

I know I hope I hope you have a good time.

This is okay.

Well, you can tell me at the end what you can give me the

thumbs up for the thumbs down.

Okay, I'm Nick Lawrence.

Here's my contact information if you don't have it already

and I'm the program coordinator for foster and kinship care

education here at srjc and this is our new sign in right

there if you will, thank you.

This is our new format.

We started it last year with dr.

Chesney of having a Community Conference where everybody

can come to get the same education instead of little pockets

everywhere. And so we now are doing for conferences a year

three of them are the mandated topics of csec which was today

May or April will be cultural humility and June will be LGBT.

So we're going to try to get and then in an October that

will be a rotating topic of either fasd medically fragile

or education.

So this past October we had education and the idea of having

this on a quarterly basis is that if you let's say we have

an LGBT conference and then the foster parent starts the

Monday after we don't want them to wait a whole year to get

the training.

So we're going to do every mandated topic every time kind

of attached to whatever is the main focus of that conference.

So I look forward to your feedback, you know over the year

as it goes you Tell me what's working and what isn't working.

So my section today is about LGBT and to start off.

So some of you have been to my LGBT training in the past

maybe a Valley of the Moon or somewhere.

And this is pretty similar.

It's an introduction to understanding LGBT and it's not meant

to make you an expert.

It's usually a three-hour training and this is a condensed

version. So I'm going to go a little faster than usual and

it's Designed so that you'll think wow, I can't wait to come

to the June conference on LGBT.

So I that's what I want to know later.

If you're like my have so many questions.

That's what my hope is for you.

So a piece of legislation passed several years ago called

a be 1856 and that was the requiring sensitivity training

for caregivers Now 44 percent of LGBT youth in care were

complaining of Physical abuse emotional abuse sexual abuse

neglect from their caregivers from their foster parents because

they were lesbian gay bi trans Etc and it was so I mean 44

percent that's a lot.

It was so prolific that the state said wait a minute.

There's something wrong here.

We've got to change this and in a nationwide survey about

thirty percent of caregivers of foster care to foster parents.

Our have a conservative religious background and so I understand

that the conservative religious background can help people

have a mindset that says if I'm going to be caring for somebody

and my job is to keep them safe and to love them like they're

my own then I want to protect them from things that are harmful

to them.

And if your religious background says that being lesbian

gay bi or trans is harmful I can see Where the conflict is

so I designed this training with the conservative religious

people in mind and I'm going to share with you a tool that

I use now.

I'm not sure where you are in your religion or conservatism

or whatever, but I'm I'm sure that you will run into people

who do have that and might need some support.

Okay, so I'm going to share this tool with you first and

then I'll go on to the rest and here's the tool.

I believe that people are afraid that the worst thing that

someone can do is to deny God if you're religious, this is

about religious people.

So if the worst thing you can do is to deny God then I would

say this is the tool.

What did Peter do Peter denied God three times?

And then what did God do God made him the Cornerstone of

his church.

So what you can say, is that as a foster parent your job

is to provide a safe and loving home.

That's your job.

And God's job is to manage what God does and you are off

the hook.

You don't have to fix it.

You're not responsible.

You can let God do what God does in people's lives.

And that tool has been so helpful to people the people go.

Thank you so much.

Now I can just love this person and I don't have to worry

about fixing them or saving them or anything.

I can just be a public servant and do what I'm being asked

to do right here.

That's the tool.

Okay.

So I hope you use it.

Let me know how it goes.

Okay now back to the presentation one in ten.

Okay of the regular.

Population is considered to be LGBT.

So that's 10% one in five of Youth 10 to 18 are in foster

care. Let's 20% one in every 2.5 of homeless people of homeless

youth identify as LGBT.

That's 40% So you see the more at risk, they become the higher

percentage of LGBT youth.

There are in that population and this morning Leah had a

diagram of these concentric Rings all getting too into the

center and there was that strand she showed about the LGBT.

To Youth and this is what happens is that forty percent of

the homeless Youth and the being LGBT.

So that really skews the numbers for the vulnerability of

this group.

So now we're going to do some definitions because this is

101 and just because you know, we're an hour North of San

Francisco doesn't mean we're all totally clear on what everything

means so LGBT Q is really An umbrella term.

Okay, and we're going to cover what these all mean.

I'm going to put these down you think in your mind if you

know what these are.

Okay.

This is why I said an umbrella term.

Okay, because there's a lot of terms and it used to be and

this is kind of in quotes.

It used to be that there was boys there was girls the boys

and girls got together.

They made babies and that was kind of how it went.

Okay, and then the these two first two kind of came along

and kind of threw that off a little bit and now as people

are talking about their authentic experiences in life how

they feel who they are what they know to be true more and

more. Labels are coming out and ways of defining Human Experience.

So it seems a little baffling but it's also amazing because

this is authentic and it shows the diversity of The Human

Experience and we don't really talk about that so much.

We think there's boys, there's girls and make babies and go forward and it's not like that at all necessarily.

Okay, so L stands for shout it out.

Right so lesbian so lesbian is a woman who is emotionally

Optionally spiritually or sexually attracted to other women

and I say that it's not just sexually because there are plenty

of heterosexual couples who are married who don't have sex

anymore, but they are still partnered and in love with each

other and there's an attraction.

Okay, so it doesn't have to be sexual but it is something

that's compelling enough that you say.

I identify as someone who is attracted in a strong way to

another woman G is Right.

So the same thing for a man a man who is emotionally spiritually
sexually attracted to another man be right that means there's
a person male or female they could be attracted to both men
and women.

Okay.

It used to be like, oh come on that doesn't exist, but it
actually does.

Okay.

So now what's the T?

All right transgender and the transgender person that is
now kind of a lot in the public eye and fairly new as technology
has changed.

This is somebody who is born male realizes internally.

I'm female knows that they're female and either lives as
a female or takes hormones or changes their body through

surgery something like that or they're born female and they

Mission to mail probably some of you know this maybe some

of you don't but I'm transgender and I was born female and

I transition to male and just I was out recently for my medical.

I just finished the last bit of all my surgeries as taken

me a really long time.

So it's kind of a big deal, but I'll go into more of that

later. But all I can say is that I knew from a very young

age that I was.

Was a boy and maybe some of you have a recognizable memory

when you either got a you know, a doll or a truck or you

got to put on big boy clothes or frilly dress like yes.

I'm a girl.

This is great, you know or yes, I'm a boy.

I'm so excited.

I'm a boy.

Yay and people have different ways of experiencing that but

it it usually brings a person Joy.

To know that they are what they are and for transgender people.

It's very confusing because I was saying yes, I'm a boy and

then my mother would say no you're not.

I don't like of course.

I'm a boy and they're like, no you're not so I was confused

not confused.

But people mistook me as a boy my whole childhood and through

my adulthood and even when I was nine months pregnant, And

I was out to here and out here.

I was wobbling and I was at a fiesta celebration in Santa

Barbara and I went to order a sandwich and the guy said may

I help you sir?

And I was like like are you crazy?

And you know, I mean being pregnant about its feminine as

you can get right nine months pregnant and so my point is

is that the masculine side of me was much stronger than anything

I wore.

Anything I did any makeup dresses whatever I had been at

fancy brunches in heels and a dress and people like sir.

What can I get you and I be like what is going on?

What does it take for someone to be recognized as a woman?

And the thing was that I wasn't and that energy comes off

stronger than anything you can do to cover it up and that's

what happens for transgender people.

You see that in young age and children.

And you start to notice that person's really feminine.

Maybe that person's transgender instead of maybe that person

is going to turn out to be a gay boy, but they could be a

gay boy.

You just don't know yet.

Okay, so Q there's two Q's.

This one is queer.

And this is an umbrella term comes out of the feminist movement

of the 70s and it really is an umbrella term.

It just means that I'm not in the regular heterosexual.

Expectations.

Okay, like I'm a let's say to be queer.

You could say I'm a man but I do all the cooking and I do

all the sewing and I'm going to bust up my gender role that

I'm supposed to have.

It's just saying I'm just not the regular way of man is supposed

to be it typically goes with LGBT and all this stuff, but

you don't have to be lesbian gay or bi you just be a little

different. It used to be so derogatory people would say,

you know, you queer.

Here and you feel like you got stabbed but now the young

people coming up the LGBT community if you say Hey you clear

the like, yeah, thanks, and it totally has changed the energy

about a kind of like how tattoos are now used to be tattoos.

You were a thug or a bad guy and now my 29 year old daughter

has sleeves and you know, she like, it's cool.

I love it in the hole.

It's a different perception about what those things mean.

This Q is questioning.

Hey, this is very interesting because you could have an adolescent who some people like me.

I knew that I was a boy, but my coming out story when I was a teenager.

I was not attracted to boys and all my girlfriends were all attracted to boys and I wasn't and I was really confused.

I didn't know what was going on.

So then I had I had these two of them.

High school and I had I had a boyfriend and I only kissed him I wouldn't do anything else and I had these two girlfriends.

I mean to girls who are my friends and they had boyfriends and we were sitting around one day and they were telling me what lousy kissers their boyfriends were and I said, it's too bad that you don't have boyfriend like I do because my boyfriend's a really good kisser now like well, I'm trying

to describe it.

I find it.

Well, let me just show you so I take one on my I guess, you

know now we're like, okay and then the other one goes well,

show me show me and I'm like, okay.

And they're all three kind of, you know, kind of like this

and uh, and it doesn't occur to me that that I was a lesbian.

Okay.

I had no clue that that me because I enjoyed them so much

more than I enjoyed my boyfriend, but I didn't think oh,

I'm a lesbian so fast forward a couple years.

I had my first lesbian experience and I had this weekend

with this woman.

She was a little older than me.

So we're driving home.

We were in Santa Barbara driving to La where we lived and

had this really, you know, Amorous weekend and she says I

came out about 10 years ago and I said, oh are you from the

East Coast?

She's like what I said, you said you came out here from the

East Coast.

She's like no of the closet like what closet she's like,

I'm gay.

I'm like you are and I burst into tears.

Okay.

I had no idea.

Okay because I'm a man and I wasn't I didn't feel like a

woman being with a woman.

There was no way that I was a lesbian, but then I'm like

Oh my I'm a little bit.

Like how did that happen?

I just like I could not get my head around it and it took

me a lifetime to figure it out.

Okay.

But anyway, the point is about questioning.

Is that sometimes you don't know.

Okay, and when you hit adolescents some people know for sure.

I'm a gay boy, or I'm a lesbian.

Some people are like, I don't know what's going on.

I don't feel quite right but something is going to turn out

and other people are are bisexual enough that they will marry

or they're not Clear enough, they'll marry a man will marry

a woman 30 years later kids are grown that second adulthood

comes in you like, you know, something's missing and you

realize I have feelings for my best friend.

And the point is is that questioning is part of human development

and we're like a rose bush.

We don't just bloom once.

Okay, we Bloom repeatedly every year and as we grow and change

and the Our Lives affect us we Blossom and we might be Some

in different ways as we mature.

So questioning is really an important concept because somebody

might be gay or not be gay now and they might realize they

are later and they just didn't know or they weren't maturing

in that way yet I is intersexed.

This is when you're born.

It's called the primary sex characteristics.

So when you're born you say what you have a boy or a girl,

you know, like okay, it's a boy, right?

That's the primary sex characteristics and sometimes and

I'm going to show you this on the chart that we have actually

happens more than you would believe people are born with

ambiguous. Genitalia.

Is that means that's partly male partly female.

You could have one testicle you Have an enlarged clitoris

and a testicle you could have no testicles and a penis you

could have half of a labia and half of a testicle.

You could have any variety.

Okay, when you're born and it happens a lot and primary is

when you're born.

Okay, and and secondary, is that puberty?

And it used to be that for intersex people that the doctors

would say.

Well, let's look at what this child has and if it was if

it was more masculine than feminine, they'd say, you know

what let's go with me.

Let's go with male and they would do a surgery on the Infant

and make him into a man or the opposite and there's a pretty

famous case of a child that was born intersexed and The best

they could decide right then was that that the penis was

too small and the doctor said this is not going to be good

for this man.

Let's make him into a girl and so they raised her as a girl

she had older parents and as she matured she really struggled

and when she she was very athletic very tomboyish, and when

she was on in high school, she was on the swim team.

Well at a certain point our shoulders started to It brought

her and she got really muscular and she was winning all of the events and they're like go Susie, you know and her you know, and she was attracted to her teammates.

She felt uncomfortable in the locker room and she started getting a little hair and hair.

So her parents took her to you know, endocrinologist and she had shots and she had all this stuff and then her father died because they were older and when he died, she the mother said now I can tell you because I swore to your father.

I wouldn't tell you when you were born you were in Sexed and we decided to make you into a girl and she laughs.

Oh my God.

I knew I was a boy.

I knew it.

Oh my god, you're kidding.

And then she's like, what are you do that to me for and she's

like, I'm sorry.

I there's nothing I could do.

We'd be trying to do the right thing.

And so this is really the best tool for you to get your head

around transgender the genitals that you have.

Do not determine whether what your gender is if you're male

or female as your Expression of who you are they could have

picked the right way.

She could have said oh thank goodness, right?

I'm a girl but she said oh what have you done?

I'm a boy.

And the only way to know is to go from primary to secondary

that means you have to hit puberty to see what else happens

to you to find out who you are for some people some people

know early but a lot of people it just becomes a question

of puberty.

So now, you know, the intersex Community has gotten together

and as lobbied and it is not standard practice anymore to

go and do surgery right now they say Let me grow up.

Let me see what I have.

Let me see how I feel.

And so that's what the common practice is P is for pan pansexual

is different than by because there's actually all these categories.

There's a lesbian gay.

There's there's feminine lesbian.

There's Butch lesbian.

There's feminine gay.

There's Butch gay.

There's feminine heterosexual male.

There's Butch heterosexual male you get what I'm saying?

There's Butch Femme and A possible thing and the pansexual

says well, I like that and I like that and I like that and

I like that and I like that I'll take it to go.

Let's go.

Okay, and I'm not saying that a pansexual person is just

someone who plays around pansexual person could certainly

have a what's it called?

I was a homogeneous and monogamous relationship.

But the point is is that he or she is attracted to pretty

much anybody there.

Like I like you I don't Care what your genitals or your body

is? I just have an affinity for human beings.

And so that person I think is kind of Lucky S2 is too spirited

and this comes from the American Indian Community.

And this person is not necessarily gay or lesbian.

They might be but they're very clear that house within their

body. They have both male and female and they were heralded

as the wise people of the community.

Both they could relate to both bent men and women and they

were the advice people that they sought for advice and so

kind of cool and then these two A's we have a sexual all

that it's more and that would be somebody who's not practicing

sexually. It does not identify with any of these and then

the last one is an ally that's somebody who's supportive

which I hope if you're not any one of these that you would

definitely be an ally and that's somebody who's going to

stand up for our youth and LGBT community in general any

questions so far.

Okay, very good.

Okay.

So now we're going to go on to what I think is truly amazing

and I designed this training because I wanted to really get

at the heart of the diversity of The Human Experience and

not just say well, you know, I don't really understand lesbians

but I tolerate lesbians I want to go deeper than that to

say look at look at what exists okay.

I'm talking about our chromosomes.

So everybody most people have 23 sets of chromosomes.

You get half from your mom have from your dad the twenty

third one is the sex chromosome.

Okay.

Now if you have here's your mom here's your dad.

Mom's only give X's.

Okay.

So if your Dad gives you an X what do you get a girl and

I'm putting it in quotation marks because we're talking about

a whole bunch of anomalies if you get this you get a boy.

Okay for them in this example, we're going to look at the

X Y.

Now this X Y is down here the 23rd set and you get all these

other ones as well determines your height your weight your

eye color all these things about you.

But this last one is about your primary and secondary sex

characteristics on the very tip of the Y chromosome is where

the Androgen is stored and androgen and row means man and

it's like the testosterone basically so happens is that for

mammals? All mammals start whether they're XX or XY they

start in female form.

So let's say this is conception and over here is birth.

Okay, so at conception, even if it's XX or XY it's in female

form and moves along this timeline and a certain number of

weeks into gestation that tip of the Y chromosome turns on

and let's just say for this example.

It's like a cloud that gets emitted.

So, right Here is where the cloud gets emitted.

So the baby's coming along like this and right here goes

like this and the baby goes through and gets completely immersed

in this testosterone when that happens the whole thing goes.

Oh, oh, we're going down the wrong path.

We got to go down this path.

We're male we're going to develop a penis instead of a vagina.

Okay so that they have to get all this cloud.

To turn on that mechanism to change course now, here's what

happens. You tell me this is where it's supposed to happen.

Okay, it's supposed to meet like this.

Okay, what happens here?

Here?

They come along and it goes like this.

Right.

Did they get any of it?

We don't know right because you can't tell with my example.

It's not sophisticated enough.

There's no Cloud here.

Okay, so assuming that it's close enough to get some of it.

Okay, the closer they are to the cloud right to the release
of the cloud.

The more of the Androgen this baby's going to get and is
going to turn and the secular primary sex characteristics
are going to be evident, but it could be like this.

It could be like this and if it's like this this person are
they going to turn toward male know they're going to be born
what's called an ex-wife email.

Because their genitals are going to be female, even though
their chromosomes are male because they missed the turn on
the turn on mechanism right here that turns on the whole

body change.

Okay, so that is at the core of intersexed nests and what

happens when primary sometimes you're going to get your primary

fixed rate has been to look normal, but when you hit puberty

something that And right there is going to show up that you

don't know until you hit puberty.

Okay.

So now I'm going to show you a chart which you have is a

handout says chromosomes biological sex.

You see the top left box.

It says X.

Oh, okay, that means that at conception the mother sometimes

it's the father but for my example the mother gave the daughter

half of her chromosomes right here.

The father didn't give her anything.

Okay, so she only has half of her female chromosomes the

outcome look occurrence one in five thousand.

That means 99 women in Sonoma County are born with half of

their female chromosomes.

Now what happens is primary which you can't see but it's

what you're born with no ovaries and sterile but says nothing

about the external view you can have a normal-looking vagina

just be like, oh, that's a girl.

You don't know anything until She hits puberty and look what

happened secondary traits little tonight.

So there she is.

She's a phantom girl.

She's like who I can't wait to buy a bra on have some breasts

and start my period.

Yeah and puberty comes nothing happens.

But wow what happened?

Well, she's missing half of her chromosomes wrist and you

wouldn't know it until puberty.

It's okay next one XX.

That's your typical female healthy normal female 50% the

Next one XXX XXX now you think whoo extra womanly must be

like Wonder Woman actually not so much normal-looking, but

tall slender low range of intelligence the ex works against

her that's one in a thousand.

That's more than the heck.

So that's 500 women in Sonoma County.

It's amazing the next one XY typical male then we have X

XY. Now here's a man who has an extra female chromosome.

And you see across a 1 in 750 that 650 men in our County

our life is and their testicles are very small, they're sterile

and as they mature they get very long and slender and when

they hit puberty they develop breasts their hips will enlarge

and they have very little facial hair or body hair.

So they're basically going through female puberty as a man

and that's One in 750 that 660 then we have XY Y and this

is Superman.

Okay.

This is like the Australian Rules Football guy big guy aggressive

very tall the extra Y chromosome is in his favor and I'm

maybe not as an emotional partner, but definitely as a wrestler

or something.

Okay.

Now the next one says any of the above and it's intersect.

You see right here.

It says one and two hundred to one in 1500.

That's what I was talking about about the cloud one 1500

have ambiguous genitals when they're born.

They're like, wow, that's a little bit of this and a little

bit of that one in 1500.

I'm going to 200 have something that shows up at puberty

that is part of that cloud that goes unseen until they mature.

So it's a big range.

It could be 200 to 1500 you can end up with normal-looking

genitals, but something internally that is intersexed or

you could end up with external genitals, but totally normal

on the inside.

So it just depends and that's where that huge huge range

of intersex - comes forward and why it was so critical for

the intersex Community to say.

Hey stop cutting this up because we don't know we're okay

the way we are and there's enough people.

Whatever feel like I don't care what your generals are.

I'm into you the way you are and then lesbian gay bi trans.

You could have any of these chromosomes and still be attracted

to same-sex other sex by SEC pansexual whatever.

Okay, and the LGBT is 1 and 10 and that's 50,000 people in

our County 50,000.

That's more than a lot of cities.

It's a lot of people so I bring this to you because when

we look at in the world and we think about EBT as an anomaly

LGBT and all of these situations the chromosomes and everything.

We've got one and a half million seven and seven million

to that's nine and then we've got another nine.

So that's 18 and another seven.

So 18 more than 25 or 26 and another for so 30.

It's like 30 million plus 716 million is 10% This is a lot

of people this is a lot of people and that's the quarter.

Anomaly, so I share this with you so that you can say you

know, what there's a lot going on in the human being.

Okay, now we'll go to the next page here is I'm going to

example so that you can see here's the girl that EXO now

she's going to have a web neck which may or may not be prevalent

at Birth but the other things are less developed breast and

less develop ovaries.

You wouldn't know that until she hit puberty, right?

There's no way to know you think about her next a little

weird, but as she matures it gets worse.

Here's the X X Y.

This is the man with the extra X chromosome for basically

goes through the female puberty.

No hair is about the same breast development.

You see that the hips start to expand small testicles, very

long slender legs and arms now here is the gender bread first

and then you have this in your hand out and I show you this

because it's it's Purpose it's kind of cute and it's kind

of easy to understand like this.

There are these four spectrums that we have of being.

Okay, and the easiest one is when we just spent most of the

time on which is biological sex.

So you're born female clearly or male clearly or somewhere

in between which is what we just discussed now sexual orientation

is something that we're most used to in our culture of dealing

with as an LGBT and so you could be Female and attracted

to men that makes you heterosexual write or you can be attracted

to women that makes you homosexual or somewhere in between

and only you know, where you are on the Spectrum.

You might be smack in the middle bisexual but are married

to a man and you say I'm fine being married to me.

I don't need to be bisexual all the time.

I fell in love with this person.

It could be a anywhere I'm here now gender expression is

something that's more in the news and what we have is is

like I'm just going to use stereotypes.

Okay.

So for example a feminine woman, maybe somebody who what

wears high heels dresses, you know long dangly earrings has
long hair.

I don't know if you're if you're old enough some of you are
old enough to remember and I think the 70s there was this
commercial, you know, the gal singing I can bring home the
bacon and fry it.

Never never let you what forget you forget.

You're a man.

Why because I'm a woman because I'm a woman right here.

I'm really happy.

So it's this whole thing about you know, she was sexy and
she's still gonna go work all day long and still cook dinner
and do everything.

Thanks a lot.

You know that the women's movement.

Unfortunately.

I was so devastating for women to have to do everything,

right? It was one of the downsides as and try and that's

like the word queer trying to grab yourself out of a paradigm.

Sometimes it has a painful side as well.

But anyway, there's a feminine woman other side of the masculine

woman. Maybe she wears Liz Claiborne.

She only wears Flats, where's you know shirts up like this

or has short hair.

She could be heterosexual doesn't matter.

She could be homosexual you have lipstick lesbians who are

the real Femme lesbians and you have really put lesbian you

have Gay men who are super fit super feminine That's The

Stereotype if super Butch gay men, you have super feminine

straight men and super Butch straight.

Men.

Anybody can be found or Butch on this Continuum.

Now, I bet each of you knows at least once in your life.

You've met a couple a man and a woman who are married and

the man was so feminine that you thought.

Does.

She know her husband's gay and it's a stereotype because

quite honestly, Lastly you can be a male who likes being

a man who's extremely feminine whose heterosexual people

are everywhere on these spectrums.

And the thing is is that if you're heterosexual, it doesn't

matter because you fly under the radar.

It's when you're homosexual or bisexual that you have to

be like, well you become out your outed, but if you're headed,

Actually, you can just beat anywhere on this and stay kind

of invisible and now fortunately all of us, you know, that

long as the letters that I showed you the reason it's so

great. I already said this but people are sharing what's

true for them and it's allowing people to have a more authentic

conversation and to be more of themselves.

You might remember the Sonny & Cher show the old man up they

were fantastically talented do it and Dead little girl named

Chastity and every Sunday chassis would be on the show.

She wear this cute little frilly dress and they'd say good

night. She said goodnight and and So eventually when she

was a teenager, so she was born female.

She was feminine as a teenager.

She came out as a lesbian as a Butch lesbian.

So now she's masculine and then she got together with a woman

so she is gay homosexual and then in She's a wait a minute.

I'm not a lesbian actually transgender.

I'm a man so he changed his body from female to male.

Like I did removed his breasts and took testosterone and

probably he went through some kind of bottom surgery as well

can't change your chromosomes, but you can become legal email.

He became legal email.

He identified as a man masculine legal email.

The same woman now, he's heterosexual, right?

Okay.

So here we have this is Chaz the same is true for my wife.

So we've been together 22 years almost 23 years and we were

living as two women together and I said, you know what I

have something to tell you.

And so we went from this to this so we were lesbians now.

What are a couple Now that work for us because my wife happens
to be bisexual.

So she was like, ah, I was getting kind of tired of you.

Anyway, I'm ready for a man in my life.

That's really mean, but I guess I would so I'm fortunate

in that it worked out for us because a lot of people doesn't

work out for I have another we have a lesbian couple friend.

He transitioned to male.

She says exactly what you said.

You said I'm a lesbian.

I don't want to be with a man.

I don't like that hair and stubble.

I don't like the hair on your back.

Get away from me.

Right?

I am a lesbian so they didn't work out.

I know a couple in town.

Heterosexual couple in their 60s.

It's a real children.

He said honey.

I'm really a woman now.

What are they lesbian couple the wife says, I'm not a lesbian.

What do you mean you you don't want your penis any longer?

What do you mean?

You're not a man.

We've been married for 30 years.

What are you talking about?

I'm sorry and this happens.

You hit 50 and above when your kids are grown and you are free of those responsibilities and you can say who am I that questioning? She says, I'm really a woman and a lot of times when a man transitions to a woman this person ends up being more feminine than this person.

And now you have a more feminine partner when you had a husband so the person has to say am My this is why I said this earlier am I emotionally spiritually sexually attracted to this person and if I'm emotionally attracted and spiritually, can I make the leap am I still am I am I by okay, can I go through with this? Am I interested and quite frankly a lot of times if you have the first to the third one works as well.

But like I said earlier there are lots of heterosexual couples that don't have So they might be okay.

We're still best friends.

So there are lots of factors.

I also know a couple in Florida.

They are married and have four kids.

They're pretty young and now they're this.

Person transition from female to male and now this person

had to come to terms of what now, he's in a gay relationship.

And if you were a straight man and you're married to someone

and now he's your husband that can be hard on a man.

There's a lot of pressure on men to not be gay.

So you see it's very complicated and depending on your family

how old you are your kids what your relationship is built

on if you have that spiritual connection that Human connection

the sexual attraction all those things are part of human

diversity. Yes.

I just want to say how wonderful it is to have this be an open conversation and to be part of moving the general attitude of society forward because my first husband when we split up after having two children together, then a few years later that means Let us know he was transgender and it and just the amount of grief.

He had stuff inside of them and how it had built into so many bad habits and such horrible anger and such devastating results for our family because it was it was an abusive relationship and it was just, you know, had he been welcome to be who she was.

My child, she wouldn't have had to conform to society and do what she thought was the right thing and neither would have odd because it took me many many more years to realize

I was a lesbian and another marriage and we'll kids but it's

because as we are growing up we take on what we hear around

us, and we try to be the people that we are supposed to be.

Exactly.

I'm sorry if I hurt so many people along the way so I just

want to appreciate this good.

Thank you.

Thank you.

There's a lot of controversy about how to deal with transgender

children and there's one case where it was two cases, but

it was a comparison article where the therapist in one situation

said do not let him behave as a girl.

It was the opposite.

It was trans girl.

Do not let him behave as a girl do not take everything pink

out of his room.

Don't don't do anything girlish for him and that little little

boy his favorite color was pink and had pink everything and

pink everything and they took everything away and then one

day they were at home after school in the mother thought

she heard some crying and found him in the closet with the

door closed and he had gotten this little pink Swatch of

construction paper at school and he was holding it and he

was rocking and he was sobbing and the mother was like, oh

my God, what am I doing to my poor child the Opposite Spectrum

therapist said, you know if it's consistent persistent and

insistent want you try it out.

What does you know change heard Pro now, what does she want

to do?

My son wants to wear a skirt to this birthday party will

go out and get a skirt.

Oh that going to get the skirt and the kid wore the skirt

to the party and people are like you're wearing a skirt.

And cuz I know isn't it pretty I like.

Okay, if you're transgender, you can take the heat you

can take the heat you like this.

What I'm supposed to wear back off, like wow that person

is serious.

So the other thing I want to tell you they'll be done is

that there's two other videos that go with this one is the

Whittington family his parents who show the not so pretty

side of this.

The mother is sobbing.

She's like I can't deal with this and and The Grieving the

loss of their daughter it's huge and then there's another

Trends boy video and this little boy that the parents know.

That their daughter is really upset and is and is really

going and she's like five or six as well and they see this

video and then they show this video to their daughter and

they say is this how you are and and the child goes.

Yes, but I can't go through with it and I say why not so

well because everybody at school knows me as a girl the father

says sweetheart I can take you to another school and he was

really well that I want my name to be Alex.

I don't want this.

I want that.

I just got the chills down.

You that and it's so amazing and they're like, okay now we

know what to do.

And so I love how the families are supporting each other

and thank you all for coming today.