

# FLORIDA EPILEPSY SERVICES

## MAXIMIZING THE DOCTOR'S VISIT CHECKLIST

Here is a checklist to prepare prior to the visit with the neurologist. Take time out before your visit and be prepared. Bring it with you, arrive on time and follow your doctors' orders.

My Medications and Dosages:

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Side Effects From Medications (If any) \_\_\_\_\_

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Symptoms I've Been Having: \_\_\_\_\_

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Recent Seizure Activity:

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Concerns I Have: \_\_\_\_\_

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Other Health Conditions: \_\_\_\_\_

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Quality of Sleep:  Good  Fair  Poor  Other (explain)

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Appetite:  Good  Fair  Poor  Other (explain)

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Stress Level:  High  Average  Low List of Stressors:

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QUESTIONS FOR THE DOCTOR:

1) \_\_\_\_\_ 2) \_\_\_\_\_

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3) \_\_\_\_\_

4) \_\_\_\_\_

ANSWERS :

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

FOLLOW UP TO  
CONSIDER: \_\_\_\_\_

