

1. Three parenting styles--and their outcome, raising responsible kids
 - A. Order without freedom
 - B. freedom without order
 - C. Freedom with order

2. External Control vs. Choice Psychology
 - A. Stimulus response psychology and S and R psychology vs. Choice Psychology
 - B. Four traits of mental health
 - C. Disconnection what we do to disconnect--deadly habits
 - D. Connection, what are the caring habits
 - E. Encouragement, not corrective habit is possible without encouragement --not praise

3. The discouraged child
 - A. Regain control
 - B. Belonging
 - C. Four goals of misbehavior

4. In place of external control

5. 4R of logical consequences

6. Natural consequence

7. Family meetings