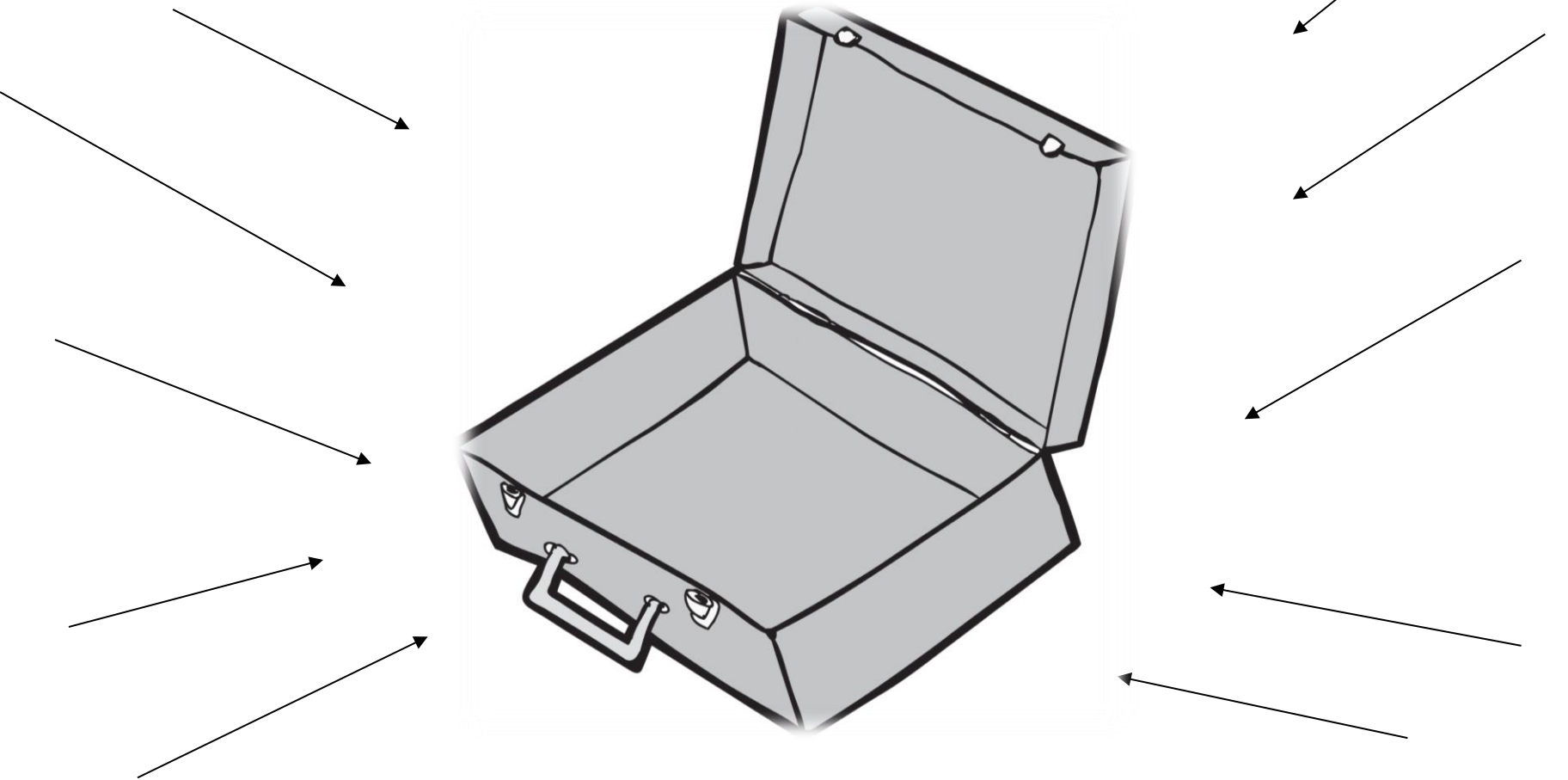


What do you want to make sure gets packed in the suitcase?



Initiative

The child's ability to use independent thought and action to meet his or her needs.



- Play make-believe
- Try to clean up after herself/himself
- Reach for a toy
- Ask to do new things
- Try to do things for herself/himself
- Follow simple directions

- Keep trying when unsuccessful
- Ask other children to play
- Try or ask to try new things
- Focus his/her attention on a task or activity
- Make decisions for himself/herself

Attachment/Relationships

The mutual, strong, long-lasting relationship between a child and significant adults such as parents, family members and teachers.



- Show affection for familiar adults
- Smile at familiar adults
- Seek comfort from familiar adults
- Express a variety of emotions
- Make needs known to a familiar adult
- Respond positively to adult comforting when upset
- Act happy or excited when parent/ guardian returns
- Trust familiar adults and believe what they say
- Seek help from children/adults when necessary

Self-Regulation

The child's ability to experience a range of feelings and express them using words and actions that society considers appropriate



- Handle frustration well
- Adjust to changes in routine
- Calm herself/himself
- Easily follow a daily routine
- Have regular sleeping patterns
- Easily go from one activity to another

- Show patience
- Share with other children
- Calm self down when upset
- Listen to or respect others
- Accept another choice when first choice is unavailable
- Handle frustration well
- Cooperate with others