

Quality Standards for Group Care

1. ASSESSMENTS, ADMISSION, AND SERVICE

PLANNING/TREATMENT PLANNING

- ✓ Assessment-Driven Services
- ✓ Respectful Admission Process
- ✓ Develop Youth-Involved Individualized Service Plans/Treatment Plans
- ✓ Establishing and Meeting Measurable Goals

2. POSITIVE, SAFE LIVING ENVIRONMENT

- ✓ Ensure No Physical, Verbal, or Emotional Abuse
- ✓ Respect and Maintain Youth Rights
- ✓ Basic Needs Are Met
- ✓ Clean, Hygienic, Well-Maintained Facility
- ✓ Keeping Youth Safe from Other Youths' Problem Behavior
- ✓ Effective Crisis Management
- ✓ Limited Seclusion and Restraint
- ✓ Prevention of Self-Harm

3. EFFECTIVELY MONITOR/REPORT PROBLEMS

- ✓ Staff Are Trained to Immediately Report Problems
- ✓ Grievance Process
- ✓ Reporting Allegations to External Agencies and Independent Audit
- ✓ Survey Stakeholders

4. PROMOTE FAMILY, CULTURE, AND SPIRITUALITY

- ✓ Maintain Youth's Emotional Link with Family and Community
- ✓ Involve Families in Treatment Decisions, Care, and Positive Activities

- ✓ Provide Training that Supports Reunification and Maintaining Family Connections
- ✓ Encourage Home Visits
- ✓ Community Involvement
- ✓ Culturally Sensitive
- ✓ Help Youth Develop Religious, Spiritual, and Moral Values

5. DEVELOP AND MAINTAIN A PROFESSIONAL, COMPETENT STAFF

- ✓ Appropriately Qualified Staff
- ✓ Staff Training
- ✓ Criminal Record Screen for Staff
- ✓ Supervision and Support for Staff

6. PROGRAM ELEMENTS

- ✓ Provide the Least-Restrictive Level of Care
- ✓ Provide Care in a Family-Like Environment
- ✓ Normalization Activities
- ✓ Promote the Personal Identity of Youth
- ✓ Respect for Privacy
- ✓ Strong Program
- ✓ Full Range of Needed Services
- ✓ Licensure and Accreditation
- ✓ Physical Health of Youth
- ✓ Close Supervision of Youth
- ✓ Quality Improvement Approach
- ✓ Regular Staff Meetings to Coordinate Care
- ✓ Collaborative Care
- ✓ Strive for Smaller Groups, Low Youth-to-Staff Ratio
- ✓ Psychotropic Mediations Are Psychiatrically Monitored at the Minimum for Clinical Needs

7. PROMOTE EDUCATION, SKILLS, AND POSITIVE OUTCOMES

- ✓ Academic Testing
- ✓ Education Progress
- ✓ Support for Special Education Needs
- ✓ Vocational Training
- ✓ Development of Prosocial Behavioral Skills
- ✓ Symptom Reduction
- ✓ Skills, Competencies, and Knowledge Needed for Citizenship
- ✓ Measure and Regularly Report Youth's Emotional, Behavioral, and Education Progress
- ✓ Place Accountability for Youth Progress on Program Structure and Staff Performance

8. PRE-DISCHARGE/POST-DISCHARGE PROCESSES

- ✓ Transition Planning
- ✓ Provide Services That Support Family Reunification
- ✓ Connect Family to Community Resources
- ✓ Aftercare
- ✓ Educational Outcomes
- ✓ Citizenship Outcomes
- ✓ Functional Outcomes
- ✓ Law-Abiding Outcomes