



**State of Florida  
Department of Children and Families**

**Rick Scott**  
Governor

**Mike Carroll**  
Secretary

<b>Diabetes Checklist</b>			
<b>Child's Name:</b>	<b>Intake#</b>	<b>Date:</b>	
<b>Blood Glucose Meter Use:</b>		Yes	No
Can the family show you how to use the Blood Glucose Monitor correctly?			N/A
Are the correct date and time set?			
Is the meter used only by the child and by anyone else?			
Does the meter's history show 4 BG checks per day (may have separate school meter). Keeping a log book is recommended but may not be used.			
Are blood glucose test strips (in date) and lancets available?			
<b>Insulin:</b>			
Are unopened pens and/or vials kept in refrigerator, and are they within expiration date?			
Do pens and/or vials in current use have date they expire written on them, that is one month after initial use? They may be kept either in refrigerator or at room temperature.			
<b>Other supplies:</b>			
Pen needles or syringes for vials?			
Is there a Glucagon Emergency Kit (within the date listed on back)			
Are there Ketone test strips (within date)			
If on an oral medication, is the pill count consistent with regular use?			
<b>Does Family Have Knowledge of the Following?</b>			
Do they have contact numbers of Endocrinologist office/Diabetes Center?			
Do they know the date of next Endocrinology appointment?			
Do they have the pharmacy and/or medical supply company number?			
Do they know when they last gave the school supplies for the child? (Should be monthly for insulin.)			
Do they know the child's recent blood glucose readings and insulin doses? – (Child must be supervised at home and at school)			
Do they know how to count carbohydrates accurately? They may use book, app, computer or handouts. What is the plan for how this is being done for school lunches/snacks?			
Can they describe the signs and symptoms of low blood glucose, how to treat them, including when to use glucagon and how to mix it?			
Can they describe the signs and symptoms of a high blood glucose and when and how to test for ketones?			
Can they describe how to dose insulin using calculations or fixed doses?			
Do they have plan for a responsible person supervising blood glucose checks and insulin doses before all meals and bedtime? Child should also be supervised for snacks after school.			
<b>Potential Obstacles for Successful Management/ Comments:</b>			
Diabetes Checklist Version 1.0			