Components of Good Enough Parenting

Parents need to provide:

**Basic Needs:** Physical care; Nutrition; Safe Environment and Protection

**Emotional Needs:** Love; Commitment to Parenting; Consistent Parenting

**Discipline Needs:** Limit Setting; Boundaries

**Developmental Needs:** Facilitation of Overall Development

**In Short:**

Parents need to provide love, care and commitment

**That is:**

Consistent and Unconditional

**In An:**

Active and Positive Way