BIRTH PARENTS
BRIDGING THE GAP OF SEPARATION WITH THEIR CHILDREN
• A CONTINUUM OF CONTACT •

• Send cards/letters to child at FH via social worker
• Send family pictures to child via social worker
• Attend all visits/meetings
• Make regular contact with SW
• Plan special activities for visits
• Remember child’s birthday/holidays
• Talk with child about separation
• Write down important info about child such as diet, routine, habits, etc.

• Discuss child’s activities w/FP at visits
• Share family info with FP
• Arrange phone calls from child
• Develop positive relationship with FP
• Talk with FP at agency meetings
• Give FP your home phone number
• Attend school meetings with foster parent
• Help develop the child’s lifebook
• Include FP in visitation activities
• Do not make unrealistic promises to child
• Avoid giving child a specific date for reunification
• Learn about, understand and respect the FP’s culture

• Invite FP to your home
• Phone child at foster home
• Invite FP to child’s birthday party
• Discuss case plan progress w/FP
• Review child’s behavior w/FP
• Invite FP to attend parenting classes with you
• Ask FP for help in locating community resources
• Include FP in child’s return home

• Visit child in foster home
• Work w/FP on discipline problems
• Call FP for help w/ parenting
• Call child to keep in contact w/FP after reunification
• Work with FP to solve school
• Include FP in holiday festivities
• Show appreciation to FP
• Offer to take child to appts

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