1. Three parenting styles--and their outcome, raising responsible kids
   A. Order without freedom
   B. freedom without order
   C. Freedom with order

2. External Control vs. Choice Psychology
   A. Stimulus response psychology and S and R psychology vs. Choice Psychology
   B. Four traits of mental health
   C. Disconnection what we do to disconnect--deadly habits
   D. Connection, what are the caring habits
   E. Encouragement, not corrective habit is possible without encouragement --not praise

3. The discouraged child
   A. Regain control
   B. Belonging
   C. Four goals of misbehavior

4. In place of external control

5. 4R of logical consequences

6. Natural consequence

7. Family meetings